



## **CODY LUNDIN**

Professional Survival Instructor

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[www.codylundin.com](http://www.codylundin.com)

*“Teaching self-reliance with integrity since 1991”*

### **ACADEMIC PREPARATION**

#### **2003 - Present**

(Wilderness) Emergency Medical Technician (EMT), Arizona Department of Health Services Bureau of Emergency Medical Services and Trauma System. Wilderness First Responder (WFR). American Heart Association BLS for Healthcare Providers (CPR and AED) Program, Yavapai College, Prescott, AZ

#### **1997 - 2002**

Emergency Medical Technician (EMT), Arizona Department of Health Services Bureau of Emergency Medical Services and Trauma System, American Heart Association BLS for Healthcare Providers (CPR and AED) Program, Yavapai College, Prescott, AZ

#### **1995 - 1996**

National Emergency Medical Technician (NEMT) Arizona Department of Health Services Bureau of Emergency Medical Services and Trauma System, American Heart Association BLS for Healthcare Providers CPR and First-Aid Program, Yavapai College, Prescott, AZ

#### **1993 - 1994**

Emergency Medical Technician (EMT), Arizona Department of Health Services Bureau of Emergency Medical Services and Trauma System, American Heart Association BLS for Healthcare Providers CPR and First-Aid Program, Yavapai College, Prescott, AZ

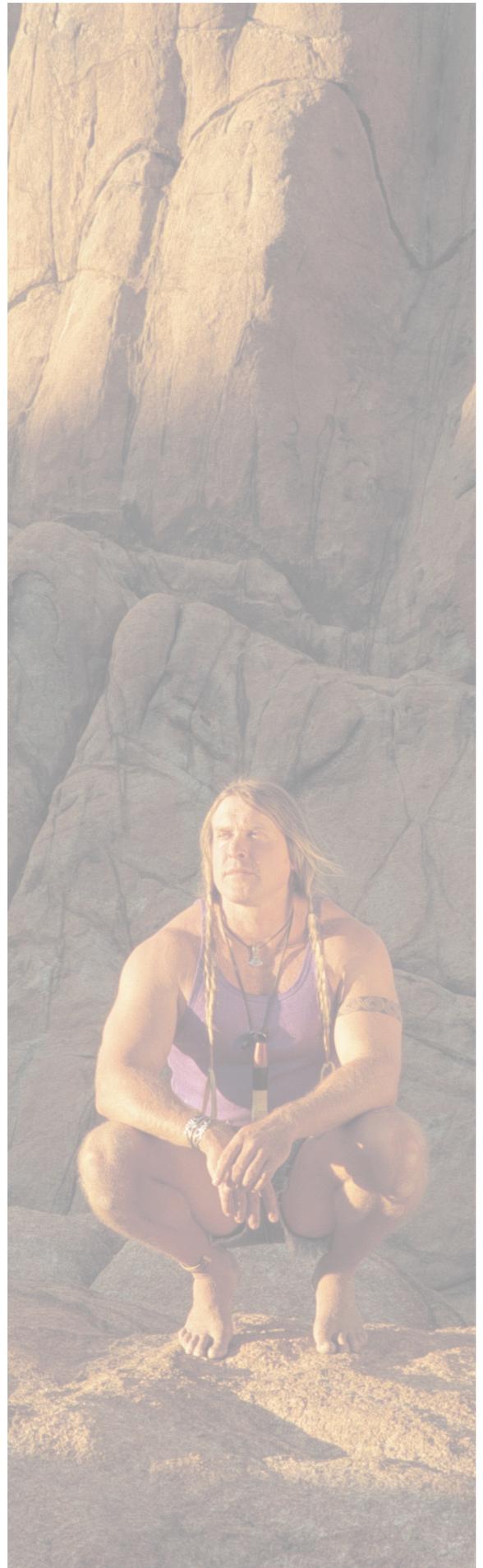
#### **1988 - 1991**

BA Depth Psychology and BA Holistic Therapies, Prescott College, Prescott, AZ

### **BEST-SELLING AUTHOR**

#### **2007**

Author of the best-selling urban survival book, *When All Hell Breaks Loose: Stuff You Need to Survive When Disaster Strikes*, Gibbs Smith Publisher.



**2003**

Author of the best-selling wilderness survival book, *98.6 Degrees: The Art of Keeping Your Ass Alive!*  
Gibbs Smith Publisher.

**2003 - 2017**

The Authors Guild (member).

**WRITER, PRODUCER, DIRECTOR, GUEST HOST AND/OR SAFETY AND RISK COORDINATOR****1996 - Present**

Wilderness and urban location reconnaissance, story line production and editing, shoot schedule creation and proofing, on and off camera skills demonstration, prop development and implementation, cast and crew gear list creation, wilderness risk management, safety coordination, logistics and assessment, host "coach", technical skills trainer and advisor (psychological and physical) for major media outlets: television, radio, magazine, and newspaper, nation-wide and abroad, including The Today Show, Good Morning America, CNN, USA Today, History Channel, Fox News, Dateline NBC, The Insider, The Donny and Marie Show, Backpacker magazine, What Should You Do? (Lifetime TV), The Weather Channel, Inside Edition, Paul Panzer Show (Germany), PBS, The Doctors (TV show), HLN News, and Men's Journal magazine to name a few.

**TELEVISION HOST, PRODUCER, CONSULTANT****2009 - 2015**

*Dual Survival*, a top-rated Discovery Channel show. Co-host, producer, and consultant for season one (10 episodes), season two (12 episodes), season three (11 episodes), and season four (4 episodes), and Biggest Blow-Outs. International and national experience in modern survival and primitive living skills in Canada, Laos, Washington, Peru, Belize, Louisiana, New Zealand, Dominican Republic, Brazil, Argentina, South Africa, Mexico, Florida, Botswana, Colorado, Wyoming, Montana, Panama, Nicaragua, New Mexico, Chile, Ecuador, Hawaii, Zambia, California, Fiji, Romania, Sri Lanka, Oman, and Norway.

**2013**

*North America*, TV series documentary. Four episodes: "Top Ten", "Savage Edge", "No Place to Hide", and "Born to Be Wild", Discovery Channel.

**2011**

*Masters of Survival*, TV series. Three part anthology, Discovery Channel.

**2011**

*Shark Week*, "How Sharks Hunt", Discovery Channel.

**2010**

*Dance with Destiny*, TV documentary.

**2004**

*Lost in the Wild*: Nova Scotia.

*Lost in the Wild*: High Desert.

(One of Discovery Channels first survival shows: four students with no back country experience "get lost" and travel with Cody learning survival skills before being rescued by Search and Rescue.)

## **FREELANCE WRITER**

### **2008**

Feature writer on emergency food storage and urban survival for *Super Consciousness* magazine, National Emergency Preparedness month.

### **2007**

Outdoor writer and gear reviewer for *Backpacker* magazine.

### **2003 - 2004**

Outdoor writer and gear reviewer for *Wild Way Magazine*. Founder and writer of the “Rock Biter Review” column dedicated to outdoor survival products and related items.

## **SUSTAINABLE DESIGN AND LIVING CONSULTANT**

### **1999 - Present**

Responsible for researching, designing, transporting, and assisting to build a high desert passive solar earth home and homestead over a period of several years. The main structure heats and cools itself, ventilates itself, lights itself during day light hours and requires little maintenance. Power is photovoltaic with liberal use of gravity feed for rain catchment water systems. Out buildings such as green house and chicken coop are all passive solar with rain catchments. Other design features include xeriscaping, earthen swales, rock and sand planting, native stonework, humanure, and composting.

## **URBAN SURVIVAL AND PREPAREDNESS TRAINER**

### **2005 - Present**

Key note speaker and instructor in disaster mitigation and survival skills for several local, state, Federal, and Tribal disaster preparedness and relief programs, both classroom and field-based.

## **PROFESSIONAL EXPERIENCE**

### **1991 - Present**

Founder, director and lead instructor, Aboriginal Living Skills School, LLC, (ALSS, LLC) Prescott, AZ  
Professional field courses in primitive and modern wilderness living and survival skills (desert and mountain); bush crafting, urban survival, and homesteading skills; lectures, consulting, media and corporate training, primitive art, and museum replication. Created curriculums and logistics in primitive living skills, modern survival skills, and urban preparedness courses two to nine days in length – or longer - serving clients of all age groups including the development and implementation of gear lists, safety, health, and liability waivers, course food menus, course access routes and transportation, Federal Outfitter/Guide permitting, insurance, marketing and advertising, social media, logo, branding, and merchandizing. Program development emphasizes core outdoor skills for greater self-reliance and competence including classroom and field based elements of outdoor safety and risk management / mitigation, communication and teamwork skills, leadership, technical skills, physiology, physics, and survival psychology. Field reconnaissance and course areas include proficiency in Sonoran, Great Basin, Chihuahuan and Mojave desert, semi-arid grassland, riparian, desert scrub (chaparral), pinyon / juniper woodland, pine / oak forest, spruce / fir forest, and alpine tundra bio-regions. Facilitated the training and mentoring of all ALSS co-instructors.

### **2000 - Present**

Faculty, Ecosa Institute, Prescott, AZ

Originator and instructor for the Sustainable Ecological Design and Southwestern Indigenous Living Skills curriculum, (pinyon / juniper woodland and Sonoran desert). Responsible for all field reconnaissance, gear lists, safety waivers, and course instruction in classroom and field.

**1994 - Present**

Adjunct Faculty, Yavapai College, Prescott, AZ

Originator and instructor for the Outdoor Survival Skills, Winter Survival Skills, and Aboriginal Living Skills credit classes and non-credit Wilderness Skills curriculums. Responsible for designing and implementing all field reconnaissance and route planning, safety and risk assessments, gear lists, academic studies, field skills, menus and student assessments for four day lecture/lab component classes.

**2000 - 2008**

Team building consultant and trainer, Yavapai College, Prescott, AZ

Consultant on curriculum development, design and delivery for Internal Leadership Program for college faculty and staff. Taught several field based team building courses using the metaphors of primitive living skills and tribal dynamics to increase teamwork, productivity and public relations among college faculty and staff.

**1997 - 2000**

Continuing education instructor, Yavapai College, Prescott, AZ

Originator and instructor for Faculty and Staff Development continuing education training seminars.

**1993 - Present**

Independent study mentor, Prescott College, Prescott, AZ

Residential Degree, Adult Degree and Master of Arts programs. Mentored field and classroom based programs in primitive living skills, modern outdoor survival skills, mammal tracking and trapping, primitive hunting techniques, wild edible plants, passive solar design, and eco-psychology.

**1993 - 2002, 2006**

Adjunct Faculty, Prescott College, Prescott, AZ

Originator and instructor for the Aboriginal Living Skills and Survival Skills curriculum in cooperation with the Adventure Education and Human Development programs. Responsible for designing and implementing all field reconnaissance and route planning, safety and risk assessments, gear lists, transportation, culture of origin projects, academic studies, field skills, menus and student assessments for thirty day Spring/Summer block courses.

**1990 - 1994**

Instructor, Arizona Outdoor Institute, Phoenix, AZ

Technical desert survival and Sonoran, Mojave and Great Basin desert primitive living skills.

**1989 - Present**

Instructor, Rabbit Stick and Winter Count Rendezvous, Rexburg, Idaho / Maricopa, Arizona. Primitive living, wilderness living, bush crafting, and modern outdoor survival skills for desert and mountain regions.

**1989 - 1991**

Instructor, Boulder Outdoor Survival School, Boulder, UT. Great Basin desert primitive living and survival skills.

**INSTRUCTOR AND/OR CONSULTANT:****1991 - Present**

America's Most Wanted (TV show)

Federal Emergency Management Agency (FEMA)

The Travel Channel

Men's Health magazine  
Smoki Museum  
Arizona Mountaineering Club  
Time Passages Expeditions  
Yavapai County Search and Rescue  
Sharlot Hall Museum  
Yavapai Prescott Indian Tribe  
Recreational Equipment, Inc. (REI)  
Prescott Daily Courier  
Florence Prison Tracking Team  
Prescott Recreation Department  
Arizona State University  
Chino Valley Unified School District  
Sedona Historical Society  
Ananda World Brotherhood Community  
Boy Scouts of America  
Gunsite Training Center  
United States Forest Service  
Church World Service  
Arizona Outing Club  
New Alternatives  
Arizona Public Service (APS)  
Highlands Center for Natural History  
Digimage Films, Quebec, Canada  
Hoggard Films  
Prescott Paddlers Club of America  
JWM Productions  
East Valley Tribune newspaper  
Arizona Parks and Recreation Association  
Prescott Unified School District  
Prescott Public Library  
Bare Necessities (BBC)  
Primavera School  
Prescott Rotary Club  
Youth Talent Search Program  
National Geographic Television  
American Camping magazine  
Cafe Productions Limited, United Kingdom  
The Scottsdale Tribune  
The Arizona Republic  
Great North Productions, Canada  
Youth STEP  
The Scottsdale Sportsmen's Club  
Association for Experiential Education (AEE)

Sacred Earth, Sacred Self National Conference  
Fox News  
Camp Jeep  
Arizona Children's Burn Camp  
Sports Enhancement and Conditioning (YCC)  
Discovery Channel  
National Geographic Adventure magazine  
Damascus Trail Days  
Book Expo America  
RDF Media  
44 Blue Productions  
Prescott Connection  
National Indian Youth Leadership Project  
Willow Bend Environmental Center  
Juma Entertainment  
Popular Mechanics magazine  
Arizona Highways magazine  
First 30 Days  
The Inspiration Networks  
Darlow Smithson Productions  
Creative Differences  
Diverse Bristol TV  
CNN  
CNN Newsroom with Brooke Baldwin  
Professional Writers of Prescott  
Sault Saint Marie Tribe of Chippewa Indians  
Original Media  
Endemol, Germany  
Gurney Productions  
Central Washington University  
Penn State Berks  
Northern Arizona University  
South Dakota Agri-Business Association  
Slippery Rock University  
CPM West  
Experience Six  
U2011.org  
YPO Arizona Chapter  
Make-a-Wish Foundation  
MSN  
The Today Show  
Good Morning America  
The History Channel  
Backpacker magazine  
Chrysler Group, LLC

Insight Fire Arms Training Development  
From Scratch magazine  
Outdoor Recreation Festival and Expo, Prescott, AZ  
UK Bushcraft Show  
Merit Mile  
New York Daily News  
Men's Journal magazine  
The Native Society  
August Man  
Cosmopolitan magazine  
The Insider (CBS)  
Patriot News newspaper  
The New Idealist magazine  
Marketwave  
Midnight in the Desert with Art Bell  
Mrs. Green's World  
The Weather Channel  
Summit at Sea  
HLN News  
Prescott Valley Outdoor Summit  
Independent Journal Review  
Hopi Indian Tribe  
21 Grams  
OutEast Entertainment  
Marblemedia  
The Mercury News  
GearJunkie  
Global Bushcraft Symposium (Wales)  
Airguns of Arizona  
W.L. Gore and Associates, Inc.  
Camp YOA  
Pure Janitorial  
Kahala Brands  
COX Business  
YPO San Francisco  
Bushcraft UK  
GoBeatnik  
Outdoor Eco Expo, Guernsey County  
National Park Service  
The Safety and Health Training Center, Buffalo, NY  
White Mountain Nature Center  
Survivor's Edge